



CERTIFICATE

OF PARTICIPATION

This is to certify that

Bongs Faltein

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 05:44:48

PACE 08:12/km

GENDER 366 of

563

OVERALL 542 of 834

40+ 111 of 161

08 July 2023, Sat

Date

Signature

